Welcome Note

Dear Colleagues,

I welcome you to the 1st Comprehensive Endocrine Review Course organized by the AACE Gulf Chapter in collaboration with AACE. The course will be held at the JW Marriott Marquis in Dubai, United Arab Emirates on 27th & 28th of October, 2015 and is part of the precongress scientific events of the Third Gulf Chapter Clinical Congress and Annual Meeting.

For the first time in the Middle East, we assembled internationally renowned faculty who would share their extensive knowledge and experience with the attendees over the 2-day course time. The course will provide a high caliber endocrine review platform that focuses on case-based exam questions and discussion covering different aspects of clinical endocrinology and metabolism. It is designed to cover major topics in diabetes, lipid, obesity, osteoporosis, metabolism, bone, pituitary & neuroendocrine, adrenal, thyroid, and reproductive endocrine disorders. There will be ample opportunities for interaction and participation in a quiet and convenient setting.

We are excited to welcome you here in this rich and enjoyable educational experience to enhance your knowledge in endocrinology and provide you with an excellent forum for learning and networking.

Sincerely,

Ahmed Hassoun, MD FACE FACP
Chairman/Course Co-Director, Endocrine Review Course Organizing Committee
First President, AACE Gulf Chapter
International Task Force

Robert Zimmerman, MD, Co-Director
Vice Chairman, Endocrinology Cleveland Clinic
Director, Cleveland Clinic’s Diabetes Center
Department of Endocrinology, Cleveland Clinic, Ohio, USA

Ali S. Alzahrani, MD, FACE, FACP, Co-Director
Consultant Endocrinologist
King Faisal Specialist Hospital & Research Center, Riyadh, KSA
President, AACE Gulf Chapter

Richard Mack Harrell, MD, FACP, FACE, ECNU
Co-Founder of the Memorial Center for Integrative Endocrine Surgery, Memorial Healthcare System, Florida, USA
Immediate Past President, American Association of Clinical Endocrinologists

George Grunberger, MD, FACP, FACE
Chairman, Grunberger Diabetes Institute, Bloomfield Hills, Michigan, USA
Clinical Professor, Internal Medicine and Molecular Medicine & Genetics, Wayne State University School of Medicine, Michigan, USA
President, American Association of Clinical Endocrinologists

Amir Hamrahian, MD
Consultant Endocrinologist
Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Ebaa Al-Ozairi, MBChB MRCP(UK) CCT FACN
Assistant Professor, Consultant Diabetologist, Endocrine and Nutrition
Kuwait University, Kuwait City, Kuwait

Hussein Al Saadi, MD, FACP, FACE
Chief, Medical Subspecialties Institute, Cleveland Clinic Abu Dhabi
Clinical Professor of Medicine, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Steering/Organizing Committee

Ahmed Hassoun, MD FACE FACP
Chairman/Course Co-Director
Board Member, AACE Gulf Chapter
United Arab Emirates

Ali Alzahrani, MD FACE
President, AACE Gulf Chapter
Saudi Arabia

Ebaa Al-Ozairi, MBChB MRCP(UK) CCT FACN
Secretary/Treasurer, AACE Gulf Chapter
Kuwait

Mohammad Al-Lamki, MBChB MSc FRCP
President Elect, AACE Gulf Chapter
Sultanate of Oman

Ali Khalil, MD FACE
Past President, AACE Gulf Chapter
United Arab Emirates

Salem Beshyah, MBCh DIC PhD FRCP FACP
Board Member, AACE Gulf Chapter
United Arab Emirates

Juma Al Kaabi, MD FACE
Board Member, AACE Gulf Chapter
United Arab Emirates

Nasreen Al Sayed, MD FACP
Board Member, AACE Gulf Chapter
Bahrain

Mahmoud Zirie, MD FACE
Board Member, AACE Gulf Chapter
Qatar
Course Overview

The AACE GC & AACE Endocrine Review Course offers a comprehensive update and deep review in a mock-exam format, with case-based board-style questions forming the bulk of the presentations. Each section follows the blueprint for the board exam with the correct and incorrect answer options reviewed in detail. You’ll also have opportunities to interact directly with the faculty.

Target Audience

- Practicing endocrinologists to prepare them for recertification or to update their knowledge.
- Endocrine fellows especially those preparing to sit for board/certification exams.
- Physicians/internists who desire to update their knowledge in endocrinology and diabetes. The course will help them in diagnosing and managing endocrine cases that they encounter in their daily practice.

Evaluation Process

All delegates are advised to evaluate the program. To evaluate please follow the following instructions:

1. Visit www.AACEGulf.org/endo
2. Click on the “Evaluation” tab on the navigation menu
3. Delegates will fill in a survey to evaluate each of the presentations in the program allowing them to provide feedback accordingly.
4. After filling in your evaluation, please insert your registration ID number along with your email address that you used when signing on.

Note: For those who want to conduct the evaluation on a desktop PC please visit the registration area where PCs will be setup.

HANDOUTS CONTAINING THE QUESTION & ANSWER KEYS WILL BE PROVIDED TO ALL DELEGATES
Prayer Room

Prayer room is on the left side of the Emirates Ballroom next to the Al Majlis meeting rooms.

Lunch Schedules

Lunch is served everyday during the indicated hours in the scientific program. The lunches are available at the Business Bay restaurant, which is located on the farthest left when exiting the lecture hall.

CME Certification

The course is accredited by the Dubai Health Authority (DHA) for 13.5 CME Hours.

CME certificates will be ready within 2-3 weeks after the course and upon completion of the online evaluation. Delegates will receive an email notification upon release of the certificates.

In order to retrieve the CME certificate, delegates are advised to use the below instructions:

1. Visit www.AACEGulf.org/endo
2. Click on the “Certification” tab on the navigation menu
3. Fill in the relevant information and insert the last four digits of your registration ID number that was allocated to you during the registration. This can be also found on your neck badge
4. Follow the on-screen instructions to complete the survey if applicable
5. Upon completion you will be able to download your certificate. An email will also be sent to your registered email address containing a permanent attachment of your certificate.

Diaedu Officers

Diaedu officers will be available around the congress venue area to provide assistance and answer any inquiries from delegates.

Emergency Cases:
In case of an emergency such as loss of valuables, finding items or requiring a paramedic please visit the information desks at the registration area.

Congress Organizer

DiaEdu Management Consultancy

Phone: +971 4 453 2975
Email: contact@diaedu.com
Web: www.diaedu.com
Course Map

Lecture Hall

D1  AstraZeneca
P1  Lilly Diabetes
P2  Novo Nordisk
P3  MSD
e-Registration
Coffee Stations

Restrooms
Elevators
Prayer Room

Entrance from Hotel Lifts
To lunch area
## Scientific Program

### Day 1 - Oct. 27

<table>
<thead>
<tr>
<th>TIME</th>
<th>TALK/SPEAKER</th>
</tr>
</thead>
<tbody>
<tr>
<td>07:00-08:00</td>
<td>Registration</td>
</tr>
<tr>
<td>08:00-08:15</td>
<td>Welcome remarks by Co-Directors</td>
</tr>
<tr>
<td>08:15-09:30</td>
<td>Metabolic Bone &amp; Osteoporosis</td>
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<tr>
<td></td>
<td><em>Richard Mack Harrell</em></td>
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<tr>
<td>09:30-10:15</td>
<td>Vitamin D Deficiency &amp; Osteomalacia</td>
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<tr>
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<td><em>Hussein Al Saadi</em></td>
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<tr>
<td>10:15-10:30</td>
<td>Coffee Break and Exhibition</td>
</tr>
<tr>
<td>10:30-12:00</td>
<td>Pituitary &amp; Neuroendocrine Disorders</td>
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<tr>
<td></td>
<td><em>Amir Hamrahian</em></td>
</tr>
<tr>
<td>12:00-13:00</td>
<td>Lunch and Exhibition</td>
</tr>
<tr>
<td>13:00-14:30</td>
<td>Adrenal</td>
</tr>
<tr>
<td></td>
<td><em>James Findling</em></td>
</tr>
<tr>
<td>14:30-15:30</td>
<td>Endocrinology &amp; Pregnancy</td>
</tr>
<tr>
<td></td>
<td><em>Mohamed Bashir</em></td>
</tr>
<tr>
<td>15:30-15:45</td>
<td>Coffee Break and Exhibition</td>
</tr>
<tr>
<td>15:45-16:30</td>
<td>Menopause</td>
</tr>
<tr>
<td></td>
<td><em>Dima Abdel Mannan</em></td>
</tr>
<tr>
<td>16:30-17:30</td>
<td>Lipids</td>
</tr>
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<td></td>
<td><em>Nasreen Al Sayed</em></td>
</tr>
</tbody>
</table>

### Day 2 - Oct. 28

<table>
<thead>
<tr>
<th>TIME</th>
<th>TALK/SPEAKER</th>
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<tbody>
<tr>
<td>07:30-08:00</td>
<td>Registration</td>
</tr>
<tr>
<td>08:00-09:15</td>
<td>Male Reproductive</td>
</tr>
<tr>
<td></td>
<td><em>Rabih Hijazi</em></td>
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<tr>
<td>09:15-10:30</td>
<td>Female Reproductive</td>
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<tr>
<td></td>
<td><em>Frances Hayes</em></td>
</tr>
<tr>
<td>10:30-10:45</td>
<td>Coffee Break and Exhibition</td>
</tr>
<tr>
<td>10:45-12:15</td>
<td>Type 1 Diabetes and Hypoglycemia</td>
</tr>
<tr>
<td></td>
<td><em>Graham McMahon</em></td>
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<tr>
<td>12:15-13:15</td>
<td>Lunch and Exhibition</td>
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<tr>
<td>13:15-14:45</td>
<td>Type 2 Diabetes</td>
</tr>
<tr>
<td></td>
<td><em>Robert Zimmerman</em></td>
</tr>
<tr>
<td>14:45-15:45</td>
<td>Obesity &amp; Bariatric Surgery</td>
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<tr>
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<td><em>George Grunberger</em></td>
</tr>
<tr>
<td>15:45-16:00</td>
<td>Coffee Break and Exhibition</td>
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<tr>
<td>16:00-17:30</td>
<td>Thyroid</td>
</tr>
<tr>
<td></td>
<td><em>Hossein Gharib</em></td>
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</tbody>
</table>
Speakers Listing

Dima Abdelmannan, MD
Vice Clinical Dean and Professor of Medicine, Dubai Medical College
Consultant Endocrinologist, Dubai Diabetes Center, Dubai, UAE

Mohamed Bashir, MD
Consultant Endocrinologist
Hamad Medical Corporation, Doha, Qatar

James Findling, MD, FACP
Professor of Medicine and Director of the Endocrine Center and Clinics
Froedtert & Medical College of Wisconsin, Wisconsin, USA

Hossein Gharib, MD, MACP, MACE
Professor of Medicine, Mayo Clinic College of Medicine, Minnesota, USA
Immediate Past President, American Thyroid Association
Past President, American Association of Clinical Endocrinologists

George Grunberger, MD, FACP, FACE
Chairman, Grunberger Diabetes Institute, Bloomfield Hills, Michigan, USA
Clinical Professor, Internal Medicine and Molecular Medicine & Genetics, Wayne State University School of Medicine, Michigan, USA
President, American Association of Clinical Endocrinologists

Amir Hamrahian, MD
Consultant Endocrinologist
Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Richard Mack Harrell, MD, FACP, FACE, ECNU
Co-Founder of the Memorial Center for Integrative Endocrine Surgery, Memorial Healthcare System, Florida, USA
Immediate Past President, American Association of Clinical Endocrinologists

Frances Hayes, MD
Associate Professor of Medicine, Harvard Medical School, Boston
Clinical Director, Endocrine Division, Massachusetts General Hospital, Boston
Associate Chief for Clinical Affairs & Teaching, Reproductive Endocrine Unit
Massachusetts General Hospital, Massachusetts, USA

Rabih Hijazi, MD, FACE
Consultant Endocrinologist
Cleveland Clinic Abu Dhabi, UAE

Graham McMahon, MD, MMSc
President and CEO, Accreditation Council for Continuing Medical Education
Adjunct Professor, Northwestern University, Illinois, USA

Hussein Al Saadi, MD, FACP, FACE
Chief, Medical Subspecialties Institute, Cleveland Clinic Abu Dhabi
Clinical Professor of Medicine, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Nasreen Al Sayed, MD, FACP, ABCL
Consultant Endocrinologist & Lipidologist, Medical Director
Gulf Diabetes Center Specialist Center, Manama, Bahrain

Robert Zimmerman, MD
Vice Chairman, Endocrinology Cleveland Clinic
Director, Cleveland Clinic Diabetes Center
Department of Endocrinology, Cleveland Clinic, Ohio, USA
Dr. Dima Abdelmannan, is an Associate Professor and Vice Clinical Dean of Dubai Medical College in Dubai, U.A.E. Dr. Dima Abdelmannan is also a Consultant Endocrinologist at the Dubai Diabetes Center at Dubai Health Authority. Dr. Abdelmannan has dual boards from both the UK and the USA. In the United States she completed her internal medicine residency training from the Cleveland Clinic Health System and then completed fellowship training in Endocrinology, Diabetes and Metabolism at Case Western Reserve University, in Cleveland. She continued to do clinical and Research work at the same institution for several years before returning to Dubai, UAE to hold an academic position. Her research work is in the fields of pituitary and adrenal diseases as well as diabetes. She has presented her work at national American meetings and published it in peer-reviewed journals. Besides being interested in Clinical Endocrinology and Research she has been interested in Medical Education and therefore took this leading role at the medical school in order to improve the standards of medical education in Dubai and the UAE. Dr. Abdelmannan is a scholar of the Harvard Macy Institute of Health professionals as educators and is actively involved in implementing efficient ways in medical pedagogy including simulation and e-learning.
Mohamed Bashir, MD
Consultant Endocrinologist
Hamad Medical Corporation, Doha, Qatar

Dr. Bashir Graduated From the University of Khartoum, Sudan in 1999. He moved to Ireland in 2003 and started his training in Internal Medicine. In 2006 he obtained the Membership of the Royal College of Physicians of Ireland. In 2007 he joined St. Vincent’s University Hospital as a Research Fellow. In 2011 he was awarded “Medical Doctorate (MD, PhD)” from the University College of Dublin after successfully defending a thesis titled “Effects of Smoking on the metabolic control and nephron specific urinary biomarkers for diabetes nephropathy in Patients with Type 2 Diabetes Mellitus”. In 2012 he completed his higher training in Diabetes, Endocrinology and Internal Medicine and entered the Specialist Registry in the Irish Medical Council and General Medical Council. Before moving to Qatar to Join Hamad Medical Corporation in 2014, he worked as a Consultant Endocrinologist in South Tipperary General Hospital and Beaumont Hospital, in Ireland. Currently he is the lead physician of the Diabetes in Pregnancy service in Hamad Medical Corporation.
Dr. James Findling is Professor of Medicine and Director of the Endocrine Center and Clinics at the Medical College of Wisconsin. He is a graduate of the University of Notre Dame and Northwestern University Medical School. He completed his internal medicine training at the Medical College of Wisconsin and his post-doctoral fellowship in Endocrinology and Metabolism at the University of California-San Francisco. He started his endocrinology practice at St. Luke’s Medical Center in Milwaukee in 1982 and he started the Endocrine-Diabetes Center at St. Luke’s in 1987. Dr. Findling joined the full-time faculty of the Medical College of Wisconsin in 2008. He has over 100 publications and book chapters and is considered an international expert on clinical disorders of pituitary and adrenal function. He has served as visiting professor at many institutions including the Mayo Clinic, Massachusetts General Hospital, Johns Hopkins, University of Iowa, University of Wisconsin, Northwestern University, University of Kansas, University of Texas-Southwestern, University of Colorado, University of Nebraska, University of Pittsburgh, and the Cleveland Clinic. In February 2013, he was honored in New York as the Lester J. Gabrilove lecturer in Endocrinology at Mt. Sinai Medical Center.
Faculty Profiles

Hossein Gharib, *MD, MACP, MACE*
Professor of Medicine, Mayo Clinic College of Medicine, Minnesota, USA
Immediate Past President, American Thyroid Association
Past President, American Association of Clinical Endocrinologists

Dr. Hossein Gharib received a B.S. degree from the Ohio State University in 1962. He went on to receive a medical degree from the University of Michigan Medical School in 1966, and took his internship at Philadelphia General Hospital from 1966 to 1967. He completed an internal medicine residency (1967–1969) and fellowship in endocrinology and metabolism (1969–1971) at the Mayo Clinic in Rochester, Minnesota. He joined Mayo Clinic Staff in 1972, where he is now a Professor of Medicine. Dr. Gharib has is an internationally-known authority on thyroid disorders, having published more than 200 papers plus 2 endocrine textbooks, and with over 300 presentations worldwide.

He is a Past President of AACE, American College of Endocrinology, and the ATA. He has served on the editorial boards of JCEM, Thyroid, Endocrine Practice, Int’l J of Endo/ Met, and Acta Endocrinologica (Romania). He is the recipient of many awards including from the Mayo Clinic, Endocrine Society, AACE, ATA, AME, and Philippines AACE.
Faculty Profiles

George Grunberger, **MD, FACP, FACE**
Chairman, Grunberger Diabetes Institute, Bloomfield Hills, Michigan, USA
Clinical Professor, Internal Medicine and Molecular Medicine & Genetics, Wayne State University School of Medicine, Michigan, USA
President, American Association of Clinical Endocrinologists

Dr. George Grunberger is the chairman of Grunberger Diabetes Institute (GDI) in Bloomfield Hills, Michigan. Dr. Grunberger is also Clinical Professor of Internal Medicine and of Molecular Medicine & Genetics at Wayne State University School of Medicine (Detroit, MI), Professor of Internal Medicine at Oakland University William Beaumont School of Medicine (Rochester, MI) as well as Visiting Professor in the First Faculty of Medicine at Charles University in Prague (Czech Republic).

Before forming GDI in 2002, Dr. Grunberger established and directed for 16 years the Diabetes Program at the Detroit Medical Center and Wayne State University’s Comprehensive Diabetes Center. Between 1986 and 2002, Dr. Grunberger was tenured Full Professor of Internal Medicine and of Molecular Medicine and Genetics. Dr. Grunberger came to Detroit from the Diabetes Branch of NIDDK/NIH in Bethesda, MD where he trained in endocrinology/metabolism and then worked there as a basic and clinical researcher for six years. Dr. Grunberger received his internal medicine training at the University Hospitals of Cleveland at Case Western Reserve University, his medical (M.D.) training at the New York University School of Medicine and his bachelor’s degree (in biochemistry) at Columbia College of Columbia University, also in New York City.

Dr. Grunberger’s clinical and basic research endeavors have been well recognized. He has published well over hundred original peer-reviewed manuscripts, in addition to review articles, abstracts, book chapters, and letters to journals. His research interests have spanned the spectrum of subjects related to diabetes and its complications, from basic studies on molecular underpinning of insulin action and insulin resistance to clinical research studies on many aspects of diabetes and its management. He has trained a generation of young basic and clinical research investigators. He is currently a co-editor of two international diabetes journals.

Dr. Grunberger has been active in several professional societies (American Diabetes Association, American Association of Clinical Endocrinologists, The Endocrine Society, European Associations for Study of Diabetes, etc.) where he has held elected positions of leadership. He now serves as President of AACE.
Amir Hamrahian, MD
Consultant Endocrinologist
Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Dr. Amir Hamrahian is the chief of Endocrinology in the Medical Subspecialties Institute at Cleveland Clinic Abu Dhabi. He has received his medical degree from Hacettepe University in Ankara, Turkey. He did his internal medicine residency at the University of North Dakota and endocrinology fellowship at Case Western Reserve University. He joined Cleveland Clinic in 2000 and Cleveland Clinic Abu Dhabi as a seconded physician in 2014. He specializes in Endocrinology, Diabetes, and Metabolism and has special interest in pituitary and adrenal disorders. Dr. Hamrahian has published more than 70 peer reviewed articles, along with more than 75 abstracts and book chapters. He has given presentations on pituitary and adrenal disorders at national meetings and has served as the principal investigator for a number of pituitary related clinical research studies. He initiated and co-directed an annual Pituitary Day Conference in Cleveland from 2005 to 2014. He is professor of Medicine at the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University.
Richard Mack Harrell, MD, FACP, FACE, ECNU
Co-Founder of the Memorial Center for Integrative Endocrine Surgery, Memorial Healthcare System, Florida, USA
Immediate Past President, American Association of Clinical Endocrinologists

Dr. Richard Mack Harrell, MD, FACP, FACE, ECNU received his Bachelor’s and Medical Degrees from the University of North Carolina at Chapel Hill, where he was awarded the prestigious Morehead Fellowship in Medicine. After completing a residency in Internal Medicine at the University of Minnesota, Dr. Harrell did a clinical and research fellowship in Endocrinology at Duke University. As a faculty member, he developed a special interest in parathyroid, thyroid and adrenal disease.

In 1991, Dr. Harrell was recruited by Cleveland Clinic Florida, where he pioneered office neck ultrasonography and became their first Chief of Endocrinology, before moving on to become the Director of Metabolic Outcomes for the North Broward Hospital District in Ft. Lauderdale in 1999. He began an endocrine surgical collaboration with David Bimston, MD, in 2005, before both specialists moved their practice to the Memorial Healthcare System in 2011. Dr. Harrell has been recognized with “Patients’ Choice” and “Top Doctor” awards.

Dr. Harrell is board certified in Endocrinology and Metabolism by the American Board of Internal Medicine. In addition, he is among fewer than 200 physicians worldwide who have completed the Endocrine Neck Ultrasound (ECNU) program administered by the American Association of Clinical Endocrinology (AACE), where he serves on the Executive Committee. Dr. Harrell has served as a Clinical Professor of Medicine at Nova Southeastern University since 2001. During more than 20 years in Neck Ultrasonography practice and more than 26 years in Endocrinology consultation work, Dr. Harrell has performed thousands of thyroid biopsies and parathyroid localizations. He brings a unique expertise to the diagnosis and treatment of thyroid, parathyroid and adrenal tumors.
Frances Hayes, *MD*

Associate Professor of Medicine, Harvard Medical School
Clinical Director, Endocrine Division, Massachusetts General Hospital
Associate Chief for Clinical Affair & Teaching, Reproductive Endocrine Unit, Massachusetts General Hospital, Massachusetts, USA

Dr. Frances J. Hayes is Clinical Director of the Endocrine Division at the Massachusetts General Hospital, Associate Chief for Clinical Affairs and Education in the Reproductive Endocrine Unit and an Associate Professor of Medicine at Harvard Medical School. She is a graduate of University College Dublin Medical School in Dublin, Ireland and completed her training in internal medicine and endocrinology at St. Vincent’s University Hospital in Dublin before moving to Boston in 1996.

Dr. Hayes’ area of expertise is human reproductive physiology, a topic on which she has published widely. Her research interests include the neuroendocrine regulation of fertility in men, androgen replacement therapy in men and the relationship between gonadal steroids and insulin resistance. She is a co-author on the Endocrine Society clinical practice guidelines on the diagnosis and treatment of androgen replacement in men.

Dr. Hayes’ clinical practice covers the spectrum of reproductive endocrinology including polycystic ovary syndrome, infertility, and male and female hormone replacement therapy for hypogonadism. She has expertise in ovulation induction with clomiphene, gonadotropins and pulsatile GnRH for women with idiopathic or anovulatory infertility and use of gonadotropins to stimulate spermatogenesis in men with hypogonadotropic hypogonadism.
Prior to joining Cleveland Clinic Abu Dhabi, Dr. Hijazi ran a large general endocrinology practice in Tennessee, US, focused on the management of adult diabetes using the latest technologies, such as insulin pumps and continuous glucose sensors. He also served as Head of the Section of Endocrinology, Diabetes, and Metabolism at Cumberland Medical Center in Crossville, Tennessee, US, and was actively involved in teaching medical students.

Dr. Hijazi received his medical degree from the American University of Beirut in Beirut, Lebanon, and completed his residency in Internal Medicine at the University of Connecticut in Farmington, Connecticut, US. He received his fellowship in Endocrinology, Diabetes, and Metabolism from the Baylor College of Medicine and University of Texas MD Anderson Cancer Center in Houston, Texas, US.
Faculty Profiles

Graham McMahon, **MD, MMSc**
President and CEO, Accreditation Council for Continuing Medical Education
Adjunct Professor, Northwestern University, Illinois, USA

Graham T. McMahon M.D. M.M.Sc. is the President and CEO at the Accreditation Council for Continuing Medical Education based in Chicago. Previously he was an Associate Dean and Associate Professor of Medicine at Harvard Medical School, and Program Director for the fellowship program in the Division of Endocrinology, Diabetes and Hypertension at the Brigham & Women’s Hospital in Boston where he completed his postgraduate training. Dr. McMahon received his medical education at the Royal College of Surgeons in Ireland, a master’s degree in clinical research from Harvard Medical School, and his doctorate in education from the National University of Ireland. He was the editor for medical education at the New England Journal of Medicine for more than 10 years. He has received local and national awards for his teaching and his work in medical education and diabetes research. His work has been published in the New England Journal of Medicine, Diabetes Care, the Archives of Internal Medicine, the Journal of General Internal Medicine, and Medical Education.
Hussein Al Saadi, MD, FACP, FACE
Chief, Medical Subspecialties Institute, Cleveland Clinic Abu Dhabi
Clinical Professor of Medicine, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Hussein Saadi, MD, is Chief of the Medical Subspecialties Institute at Cleveland Clinic Abu Dhabi, where he oversees nine medical subspecialties including allergy and immunology, dermatology, endocrinology, hematology and oncology, hospital medicine, infectious disease, general internal medicine, nephrology and rheumatology.

Prior to joining Cleveland Clinic Abu Dhabi, Dr. Saadi was Professor and Chairman of the Department of Internal Medicine at the Faculty of Medicine and Health Sciences, UAE University, and Consultant Endocrinologist at Tawam Hospital in Abu Dhabi. He is a former member of the Cleveland Clinic Departments of General Internal Medicine and Endocrinology staff in the US.

Dr. Saadi is a Diplomat of the American Board of Internal Medicine and the American Board of Endocrinology, Diabetes and Metabolism. He is a fellow of the American College of Physicians and the American College of Endocrinology. Dr. Saadi is also a Clinical Professor of Medicine at Cleveland Clinic Lerner College of Medicine, Case Western Reserve University. His specialty interests include diabetes mellitus, vitamin D deficiency, osteoporosis and general endocrinology.

With a medical degree from the American University of Beirut, Dr. Saadi trained in Internal Medicine and Endocrinology at Case Western Reserve University in Cleveland, Ohio, in the US.
Faculty Profiles

Nasreen Al Sayed, MD, FACP, ABCL
Consultant Endocrinologist & Lipidologist, Medical Director
Gulf Diabetes Center Specialist Center, Manama, Bahrain

Dr. Nasreen Al-Sayed graduated from Arabian Gulf University, college of Medicine in Bahrain. She is American Board Certified. She completed her residency training in Internal medicine at Sinai-Grace Hospital, Wayne State University, Detroit, Michigan, USA and Fellowship training in Endocrinology and Diabetes at Cleveland Clinic Foundation, Ohio, and USA. Dr. Al-Sayed is also American Board Certified in Clinical Lipidology and is the first physician to have board certification in lipids in Middle East. Dr. Al-Sayed is a fellow of American College of Physicians. She is a member of many Diabetes and Endocrine Associations such as the American Diabetes Association, the American Association of Clinical Endocrinologists, The American College of Physicians, The National Lipid Association and has several research publications.

Dr. Al-Sayed has a special interest in clinical diabetes, thyroid disorders, parathyroid disorders, osteoporosis, pituitary disorders, adrenal disorders, polycystic ovary syndrome and hirsutism. She is first physician in Middle East with experience in treating resistant cases of hyperparathyroidism with parathyroid hormone. She has also teaching experience and served as an Assistant Professor at Arabian Gulf University, College of Medicine & Medical Sciences.
Robert Zimmerman, MD
Vice Chairman, Endocrinology Cleveland Clinic
Director, Cleveland Clinic Diabetes Center
Department of Endocrinology, Cleveland Clinic, Ohio, USA

Robert S. Zimmerman, M.D. is the Vice Chairman Endocrinology Cleveland Clinic and Director of the Diabetes Center in the Department of Endocrinology, Diabetes & Metabolism. He is on the Board of Directors of the American Association of Clinical Endocrinology and is co-chairman of the Endocrinology Board Review Course Committee for the American Association of Clinical Endocrinology. He is currently on the CME committee of the Endocrine Society. He previously served as a member of the Meeting Steering Committee of the Endocrine Society for six years, Governmental Affairs Committee for three years, and the Clinical Affairs Committee for six years.

He is on the Board of the Diabetes Partnership of Cleveland. Previously, he was director of the Ochsner Diabetes Institute and Medical Director of the Division of Nutrition at the Ochsner Clinic in New Orleans, Louisiana. Dr. Zimmerman received his medical degree from the Johns Hopkins University Medical School in Baltimore, Maryland. He served an internship and residency in internal medicine at Duke University Hospital in Durham, North Carolina. He then completed a fellowship in endocrinology and metabolism at the Mayo Clinic in Rochester, Minnesota.

Dr. Zimmerman’s research interests include stress and hypertension, thyroid disease and metabolic abnormalities. He has authored and co-authored more than 100 journal articles, book chapters and abstracts. Dr. Zimmerman is a fellow of the American Association of Clinical Endocrinology and a member of the American Diabetes Association and Endocrine Society.
Please use this card to write down your questions.
Please hand this card to one of the course hostesses
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